



Theme: Bringing Innovation to the Sangat (Community)

Venue: Marriott San Francisco Airport, Marriott Burlingame

Thursday January 11th – Executive Board Arrives by evening.

Friday January 12th

8am to 11:30am – Executive Board Meeting and Membership meeting to follow.

Official Start at 11:30am

11:15 to 1pm – Registration and Lunch Served

1pm – 5:30pm – Sikh Healthcare Technology and Innovation Summit

1pm to 1:45 pm	Leadership in Healthcare Management
1:45pm to 3:15 pm	Healthcare Digital Innovation Showcase
3:15 to 3:30pm	Break
3:30pm to 4:15 pm	Device and Technical Innovation Showcase
4:15pm to 5pm	Panel Discussion: Developing Opportunities in Innovation and Healthcare Business

6:00 pm - 6:30 pm Rehraas Sahib Paath

Hospitality Suite

6:30 pm - 11:00 pm Dinner and Entertainment

Posters/Tables set up in the hallways.

Room 1: NASMDA by NASMDA entertainment

Speech – Medical Outreach

Room 2: Pre-professional Networking Session

- Hobbies and Talents Showcase
 - Drs. Navdeep S. Nijjar, Bobby S. Bedi – professional recording
 - Meeta Kaur– Story Telling
 - Inderpal S. Chawla – cooking tips from “ChefLife”
 - Dr. Manpreet Kaur – music / Keertan
 - Others TBD

Saturday January 13th

6:30 am Nitnem Paath

Hospitality Suite

7:00 am – 7:45 am **Registration and Breakfast, e-Poster Viewing**

7:45am

Introductions

8:00 – 8:30 am

Environmental Crises Involvement

Dr. Rajwant Singh (EcoSikh)

8:30 to 9:00 am

Community Health Principles

Dr. Prabhjot Singh (NY) & Manmeet

Kaur

9:00 to 9:30 am

My Experience as a Cardiology Fellow at the Farmers' Protests Dr. Swaiman

Singh

9:30 – 10:00am

Break and Questions and Answers

10:00am – 10:30am

Sikhs and The Military

Dr. Tejdeep S. Rattan

10:30 – 10:50 am

Guru Harkrishan Medical Clinic

Speakers TBD

10:50am – 11:15am

Sikh Health Network: An Update

Sehaj S. Johal, Armaan S. Johal,

Nimmer K. Johal

11:15 am – 12:15pm

Panel Discussion: How to Lead Our Community's Healthcare Efforts

Panelists: Prabhjot Singh, Manmeet Kaur, Amrik S. Khalsa, Sehaj S. Johal, Armaan S. Johal

12:15 pm - 1:00 pm

Lunch

1:00 to 1:30 pm

Preparing Gurdwara for Medical Emergencies

Dr. Ammundeep S. Tagore

1:30 pm - 2:00 pm

Sikh Healthcare Workers in the Military

Dr. Kamal S. Khalsi

2:00 pm – 2:30pm

Mental Health for Healthcare Professionals

Dr. Manpreet K. Singh

2:30 – 3:00 pm

Diagnostic Facial Features associated with OSA Dr. Gurdev Singh

3:00 to 3:15pm

Break

3:15 to 3:30pm

Medical Outreach in Rural India

Dr. Kamaljit S. Anand

3:30to 4:30pm

How to Be Successful in Academics (Panel)

Dr. Navneet Singh (Chandigarh), Dr. Harcharan Gill (Stanford), Dr. Manpreet Kaur, Dr. Gurinder S. Atwal, Dr. Prabhjot Singh

4:30 to 5:00

Narrative Writing

Meeta Kaur

Author of *Her Name is Kaur*

5:00 – 6:00pm – “Kaur in Healthcare” -- meet and greet.

6:00 pm - 6:30 pm **Rehraas Sahib Paath**

Hospitality suite

6:30 pm - 10:00 pm **Dinner & Entertainment, Dancing**

- Harbir Kaur Bhatia
- Bhangra Empire Juniors

- Ravi S. Bhalla
- Singer Ishmeet Narula

Sunday January 14th

6:30 am Nitnem Paath

Hospitality Suite

7:00 – 9:00am – Breakfast served.

7:00 – 8:00am – Membership Update

CME Blitz – Expert talks in 20 minutes (10 minutes for Q and A)

8:00 to 8:30am	Cardiovascular Risk Modification Update	Dr. Swaiman Singh
8:30 to 9:00am	Nutritional Science Update	Dr. Amrik Singh Khalsa
9:00 to 9:30am	Cancer Biology Update	Dr. Navneet Singh
9:30 to 10:00am	Diabetes Update	Dr. Jasleen K Duggal
10:00 to 10:30am	Health System Dietary Protocols	Dr. Swaranjit S. Bhasin

**11:00 am onwards – visit to Fremont Gurdwara, Kirtan, tour of Gurdwara Based Clinics, Guru ka Langar, meet with volunteers, organizations, local youth groups, etc.
Coordinated by Dr. Gurpreet Kaur Padam and the Local Sangat**

2pm Sightseeing Tour to be organized.

Dinner event to be organized.

Monday January 15th

Breakfast on own

Travel home

Organizations for Posters/Outreach

- SALDEF
- Ek Manzil
- Sikh Coalition
- United Sikhs
- Khalsa Aid
- Sikhs in Clinical Research
- Sikh Family Center
- Sikh Health Network
- Sikh Research Institute
- Ecosikh
- SAVA
- National Sikh Campaign

For Questions call or message:

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